

# *Saltair Community Centre Newsletter*

Winter 2019-2020

[www.Saltaircommunitycentre.ca](http://www.Saltaircommunitycentre.ca)

250-210-8180

So much happening at the Centre now, we thought we would bring you all up to speed! Please do check out the link to our [website](#) which is fully operational, and know that our Wi-Fi at the Centre is in place for all of your meetings or events. Please consider renting the gym or meeting rooms for your Birthdays or other large gatherings, celebrations & events. We share this community space and invite participation!!!

Membership is still \$10 and is due and payable now through any of your Directors, via e-transfer, cash, or cheque. Family memberships are \$15.

## Upcoming Events – Save the Dates!

**February 8** – CVRD Harmonizing the Official Community Plan – 1 to 4 p.m.  
Lend your voice - North Oyster Community Center – 201, 13467 Cedar Road, Ladysmith

Commencing **February 17** (BC Family Day) the Saltair Quilter's **Canada 150** quilt will be on display at the Ladysmith Museum @ 721 First Ave.

**March 6** – Paul Manly, MP in the Saltair Community gym @ 6 p.m.

**March 8** – Second Annual Saltair Seedy Sunday – poster attached  
Music all day to make the event even more fun! 9 a.m. to 3 p.m.

**March 15** – Area G CVRD Area Director Lynn Smith 2 – 4 p.m. gym

**April 2** – 7 to 9 p.m. CVRD open house presentation

**April 17 through 19** Chemainus Art Group Show – in the auditorium

**April 26** Saltair Spring Market and Crafts Faire

**May 9** – Johnny Gogo Live in the auditorium

More details about these events may be found on the website, or by calling the number at the top of this page.

Ongoing events and programs at the Saltair Community Centre are as follows:

DOG SKILLS LEVEL ONE – Starting January 29 through March 11 – Wednesdays – 6 to 6:50 p.m. Contact instructor Zoe McBean @ 604-414-9427 by call or text Cost is \$150
FITNESS FOR LIFE – First week is free to try it out! Coach Tyler Buck welcomes 55 + participants at either the morning 10:15 or afternoon 4:30 sessions on Mondays and Wednesdays Check out the website at <a href="http://www.boundlessfitnessandnutrition.ca">www.boundlessfitnessandnutrition.ca</a> or call 250-716-6306
SALTAIR QUILTERS GROUP – As well as quilting, members also knit, crochet, embroider, stitch and bead. The group meets Tuesdays from 9:30 to 3 in Room 18 and parking is available at the back of the building. Contact Christa Stegeman @ 250-245-2016 for further information.
THE CHEMAINUS ART GROUP – Now in its 50 <sup>th</sup> year, and welcoming new additions to our over 65 members. We meet at the Community Centre weekdays from 9 to 5 and are excited to be offering another show and sale in the auditorium coming up in April from the 17 <sup>th</sup> through the 19 <sup>th</sup> .
ALIGN WITH JESSICA – IYENGAR YOGA – A path to freedom with Jessica Lowry visit the website for more information <a href="http://www.alignwithjessica.com">www.alignwithjessica.com</a>
HATHA YOGA CLASSES – running from January 22 <sup>nd</sup> though March 11 <sup>th</sup> . Room 17 from 6:45 to 8 p.m. \$110 for 8 weeks or \$70 for a punch pass, or \$15 drop in (space permitting) – links breath with body movement to prepare for meditation. Visit the website <a href="http://www.katewilton.com">www.katewilton.com</a>

You may already have plans for Saturday, February 8<sup>th</sup>, but remember that the CVRD is “harmonizing and modernizing” the Official Community Plan, and wants to hear from Saltair residents, as well. Please visit the meeting at the North Oyster Community Center (not ours) and lend your voice to the process. 1 p.m. to 4 p.m. in Room 201 – 13467 Cedar Road, Ladysmith. The result of this process will be a Regional OCP that will set the foundation for the Cowichan valley to be an attractive place to live, work, and play, for years to come. Here are some references for your perusal. [Harmonized Official Community Plan \(HOCP\) 3.0](#). and [Schedule C – Development Permit Areas 2.0](#). Note: OCP definitions will be included in the Zoning Bylaw modernization.

Please submit events and information for the next news sheet to be published in April.

Your Community Center Directors are **President:** Nadi Bottomley; **Treasurer:** Jackie Rieck; **Secretary:** Chris Bomford; and **Members at Large:** Tim Godau, Lia Versaavel, Mel Dorey.





# 2<sup>nd</sup> Annual Saltair Seedy Sunday

You're Invited to Grow with Us!

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Sunday, March 8, 2020 9 a.m. to 3 p.m.

Saltair Community Centre 3850 South Oyster School Road  
Vendors please contact 250-606-1515 for a table

Plants, Seeds, Planters, Mulch, Compost, Bees, Honey, Jam  
Music!!! Wear your dancin' shoes!

If you have plants that you would like to exchange or sell, please let us know. You are welcome!  
Please bring a reusable cup if you would like tea or coffee

Please bring a donation for the Neighbourhood House Food Bank

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